

The Waking Crew



News

Fall 2008

Volume 20 Issue 3

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2007 - 2008

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The Editor's Thoughts:

Each issue of The Waking Crew News is meant to bring the latest happenings within KSPAN as well as ASPAN and ABPANC. Each reader is encouraged to contact and share any thoughts, feelings toward improvement for KSPAN. This issue includes:

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Enjoy this edition of Waking Crew News! Please let me hear from you with news, articles, unit happening, pictures, etc. I am happy to assist with editing or anything needed to help each author achieve success with publishing. Next publication date February, 2009 with deadline for articles/news on January 15th 2009. I will be working in Vietnam with Interplast, Inc from 1/3 to 1/18, 2009, but hopefully, I can maintain contact via e-mail.

Thank you,

Martha Louise Clark RN, MSN, CPAN

Editor of the Waking Crew News

MarthaRN@aol.com

*Congratulations to Newly Certified
Kentucky Nurses*

- Joseph Forester, CPAN, Lexington
- Patricia Cooper, CPAN, Kevil
- Tammy Godbey, CPAN, Stanford
- Debra Lancaster, CPAN, Versailles
- Ellen Banerjee, CPAN, Prospect
- Dawn Davis, CAPA, Harrodsburg
- Nila Seibert, CAPA, Independence
- Deborah Schaefer, CAPA, Henderson

Editor’s Comments:

As leaders, and I count all nurses as leaders, we are often called upon to move from the bedside to the office. In answering that call, many leadership theories are introduced by the management team. One of my favorites is Ken Blanchard. In his book, “Heart of a Leader”, he relates his first meeting with Norman Vincent Peale and the excitement Dr. Peale greeted each and every single day. His excitement came from not knowing what he would learn that day.

Each newly certified nurse has spent an enormous amount of time studying and learning in order for successful completion of the CPAN or CAPA exam. I encourage each of the newly certified nurses, as well as all KSPAN members to make learning a to priority.

Don’t forget, “When you stop learning, you stop growing.”*

Ken Blanchard, (1999), “The Heart of a Leader”, 9th Printing, Honor Books, Tulsa, Oklahoma

CALENDAR OF EVENTS



ASPAN Fall 2008 Seminars: Please contact the ASPAN Website: www.aspan.org. For seminar dates, locations, and program descriptions, as well as changes or additions to the seminar schedule.

KSPAN Fall Conference: Nov. 15th

Next Certification Exam: November 1, 2008. Check the ABPANC website.

PAWAW: February 2-8, 2009. Perianesthesia Nurses Catch the Spirit. Resources available on the ASPAN website.

ASPAN National Conference: April 19-23, 2009, at the Gaylord National Harbor.

Standards of Perianesthesia Nursing Practice 2008-2010 are now available from ASPAN.

These standards go in effect on December 26, 2008 and can be ordered by visiting the ASPAN website: www.aspan.org

ABPANC is seeking candidates for the Patient Advocacy Award.

We all know of someone who goes above and beyond for his/her patients. Please write their story to share with ABPANC and submit by February, 2009.

As Ken Blanchard would say, “Good thoughts in your head not delivered, mean squat”.

Please visit the ASPAN website and simply click on the link to ABPANC



*The President's Message
from Aleta Blevins*

I remember writing my first article for the Waking Crew News and how I whipped it out in just a few minutes. I was so excited about embracing the thing that I was most frightened of: President of KSPAN. Lord, what will I do? I am having difficulty writing this article to you because I have such mixed emotions. This board of directors is so awesome. They are so encouraging and always ready to help. I came in to this position knowing that there were changes to be made, some maybe not so popular.

Change is in the air and we have had to embrace it. Gasoline prices, the economy, the upcoming election to name a few have much impact on the way that we are now living our lives. Securing our website, changing to a one day fall meeting and possibly tele-conferencing our board meetings are things that we are working on. We are committed to education and the challenges that we face in making our meetings the best that we can. We start this by believing in ourselves, promoting harmony and a positive attitude. We must never lose sight of the reason that we all became nurses: We want to help people. We want to cut costs effectively when needed. We want to make those transitions that are needed to meet our goal of providing high quality patient care.

The KSPAN Mission Statement of advancing nursing practice through education comes alive with the upcoming KSPAN Fall Conference. The Education Committee has worked long and hard to bring you a Saturday filled with information regarding current concerns and trends in the care of perianesthesia patients. Continental breakfast, breaks, lunch, and educational materials are all included in the conference fee. I encourage each KSPAN member to come and bring a colleague for a day filled with opportunities for networking and visiting. Don't forget to bring over the counter medications and personal items for women of the Hope Center.

Once again, thanks to all of you for allowing me to be your president, believing in me and helping me to implement some changes that will help us to grow and meet the challenges that are ahead.

Aleta Blevins BSN, RN
KSPAN President 2007-2008

KSPAN Mission Statement

The Kentucky Society of PeriAnesthesia Nurses advances nursing practice through education, research and standards.

ASPN Mission Statement

The American Society of PeriAnesthesia Nurses advances nursing practice through education, research and standards.

ASPAN 1st Quarter Report**Lois Schick MN, MBA, RN, CPAN, CAPA****ASPAN President 2008-2009****(May – July 2008)****Goal A: *ASPAN will be its members' indispensable resource for perianesthesia education and knowledge exchange worldwide.***

- Released Summer / Fall ASPAN Seminar brochure with a total of 16 seminars scheduled plus 17 Co-Hosted Seminars scheduled
- National Conference SWT met June 2008 to plan the 2009 National Conference to be held at the National Gaylord outside Washington D.C.
- Education Provider Committee meeting set for August 23, 2008 to evaluate current seminars, discuss new seminars and other initiatives. Advocacy SWT proposing giving a presentation.
- ANCC Education Approver and Provider Committee accreditation Visit May 19-20, 2008 at National Offices in Cherry Hill, N. J. Now awaiting results of this accreditation meeting.
- ASPAN representation at the British Anesthetic Recovery Nurses Association (BARNA) in June 2008 (Susan Fossum and Joni Brady)
- ASPAN member elected as an International Committee Member to the Ireland Anesthetic Recovery Nurses Association (J, Brady)
- Applied for and received a grant for \$15,000 plus \$2,000 in Web fellow funding from the Hartford Institute for Geriatric Nursing and the REASN (the Resourcefully Enhancing Aging in Specialty Nursing) project. (J. Allen, M. Mamaril, L. Wilson)
- Attendance at the Canadian Society of Perianesthesia Nurses 7th annual conference in Winnipeg, Canada. (Lois Schick)
- Attendance at the American Board Clinical Nurse Specialists meeting in Indianapolis, Indiana (Sandra Meese, Grace Walke, L. Schick)

Component Development Institute planning completed for September 2008 to be held September 5-7 in Salt Lake City, Utah with a total of 15.5 contact hours to be provided. Topics include A-Z Back to Basics in Nonprofit Organization Leadership. Presentations will be given on: Online meetings, Education Approver/Provider techniques, Financial Management, Strategic Planning, Organizational Structure, Report Cards, Research, Clinical Practice, Component newsletters, and ABPANC 101.

Goal B: *ASPAN will be the influential force for perianesthesia patient safety, public policy and practice standards.*

- Clinical Practice Committee responded to a total of 422 clinical questions in May, June and July. 231 of the 422 (55%) questions came from members and 191 (45%) from non-members. Most common questions asked related to staffing. Other notable questions relate to discharge criteria, medication practices, orientation and competencies. Many are starting to ask for evidence based practices related to a question and there are a number that are asking about the Joint Commission issues related to DVT, SCIP, pressure ulcer monitoring, fall precautions in the perianesthesia setting
 - The Structure of the Clinical Practice committee has been changed to a team format.
 - CSPS Liaison Pam Windle and President Lois Schick attended the Perioperative Executive Symposium on Patient Safety in July 2008
 - Participated in national TIGER (Technology Informatics Guiding Education Reform) webinars regarding organizational technological priorities (Wanda Rodriguez, Denise O'Brien, Myrna Mamaril and Dina Krenzischek)
 - Participated in the SCIP (Surgical Care Improvement Project) teleconference (D. Krenzischek, T. Clifford, B. Godden)
- Americans for Nurse Shortage Relief (ANSR) endorsement letter for a bill -- the Nurses' Higher Education and Loan Repayment Act of 2008 -- to be introduced by Rep. Tom Latham (R-IA) after the July 4th recess.

Goal C: *ASPAN will be the recognized voice and source of perianesthesia information to the public.*

- Membership awarded two Member Get a Member recruiter awards at National conference this year.
- Plans for PANAW (PeriAnesthesia Nurse Awareness Week) are being formulated
- Representation at the Nursing Terminology Summit in June 2008 (Ex-Officio rep M. Wilson)
- ASPAN participation at the Summer Institute of Nursing Informatics (D. O'Brien, D. Krenzschek, M. Wilson)

Scope of Practice SWT set to meet in August 2008 including representatives from the following organizations: Society Gastrointestinal Nurses Association (SGNA), Association Women's Health Obstetric and Neonatal Nurses (AWHONN), American Society Pain Management (ASPM), Association Radiologic and Imaging Nursing (ARIN).

Goal D: *The art and science of perianesthesia nursing will be advanced through ASPAN's evidence-based practice and research activities.*

- ASPAN Research Grant Packet under revision
- Educational packet on EPB and critiquing research being developed to be used by Standards & Guidelines committee members
- E-Journal club being revised for web

Hypothermia consensus meeting re-scheduled for October 2008.

Goal E: *Infrastructure and Customer Service*

- Total ASPAN membership as of July 2008 is 13,715
- ASPAN 2008-2009 Directory published and distributed

Continued with ASPAN Web Redesign Team – signed contract with JL Systems to implement computer support

Thanks to all Board Members, Committees, Strategic Work Teams, Specialty Practice Groups, Liaisons, Ambassadors, Component Leaders, Past Presidents, Members and National Office staff for your support.

ASPAN continues to be GREAT because of YOU.

THANK YOU!

Lois Schick MN, MBA, RN, CPAN, CAPA

ASPAN 2008-2009 President

*Keep on dreamin' as
Dreams create lasting legacies*

COMPONENT HAPPENINGS FOR 1ST QUARTER

Submitted by Component Leaders

CSPAN: (Connecticut Society of PeriAnesthesia Nurses) Have fall meetings scheduled; Give a \$100 raffle price for educational offerings at each bimonthly meeting; Granted 2 scholarships this year (1 for CPAN/CAPA certification examination candidate; #2- to be used for a medical mission trip to Ecuador); Food collected for local food bank; food, winter hats, gloves and scarves collected at each bimonthly meeting.

FLASPAN: (FLorida Association PeriAnesthesia Nurses) Spring certification held in April and another planned for October prior to the annual conference; Sending post cards to remind members to send in renewals; trying to involve more members on committees.

MESPAN: (Maine Society PeriAnesthesia Nurses)Fall conference planned for November 1-2, 2008; Last paper copy of newsletter was published during summer – Going Green!; Leadership succession being addressed and the website is up an running.

MNDAKSPAN: (Minnesota Dakotas Society PeriAnesthesia Nurses) Clothing and Food drive held for charitable organizations; Taken interest from CD and paid for 12 members renewing their membership this year ; Planning to again host a test site for November certification examination.

NevPANA (Nevada PeriAnesthesia Nurses Association): Organizing a conference for October 2008; sending 4 members to the CDI in Salt Lake City

PANAC: (PeriAnesthesia Nurses of California) Held Strategic planning meeting and looking at various ways to recognize members. Annual retreat held in July and Fall annual meeting is planned for October; Assessing operations and looking at what may be done in the future such as newsletter on the web and potential need for more district offerings.

RMPANA: (Rocky Mountain PeriAnesthesia Nurses Association) District representatives working off spreadsheet to contact those members who have delinquent or expired membership; Active districts with fund raising and community service involvement. ASPAN seminars planned in different districts. Leadership development program planned in conjunction with annual Retreat in the Rockies meeting. To Do Calendar developed by president B. Hoyle as succession planning tool.

SCAPAN: (South Carolina Association PeriAnesthesia Nurses) Implementing Strategic Plan for 2008; Service Project is Soles for Souls – Thus far 200 pairs of shoes have been collected; Statewide Student Nurse scholarships will be given for October annual seminar; Website is being re-designed; Focus on financial planning and Board of Director Development and succession planning

TSPAN: (Tennessee Society of PeriAnesthesia Nurses) Planning 25th anniversary celebration with invites to past presidents; Component is promoting certification by offering scholarships, test sites, recognition those certified and offering certification benefits lecture in conjunction with annual conference; Revitalizing inactive and encouraging development of new districts; Initiating membership committee and web site development; implementing a recognition program as a fund raiser for scholarship program; plans for sending 2 representatives to the CDI; Adopting 2nd Harvest Food bank as charitable organization; promoting research in component and planning first officers retreat for sharing ideas and transitioning to new roles.

Gold Leaf Report

want to congratulate KSPAN for striving for component excellence as demonstrated in your application for the Gold Leaf Award. Your component's efforts to meet the standards established for the Gold Leaf are to be commended. To assist you in your goal to continue to strive for excellence, please review the following comments/suggestions about your application. Each Gold Leaf Application received three independent reviews and those three scores were averaged to determine your overall score. Your score and that of the Gold Leaf Recipient are included

CORE: KSPAN 134

RMPANA 155 (Winning Component Score)

Comments/Suggestions

- | | |
|-----------------------------------|--|
| 1. Goals/strategic plan | Maximum points |
| 2. Orientation of leaders | Maximum points |
| 3. Bylaws update | Maximum Make sure of update every 3 yrs. |
| 4. Bylaws availability | Maximum points |
| 5. Policies/Procedures | Maximum points |
| 6. Welcome | Maximum points suggestion to add Board member info |
| 7. Member Recognition | Maximum points |
| 8. Newsletter | 2 points per issue awarded =6 points |
| 9. Website | Maximum points Great Start! |
| 10. Website current | Maximum points |
| 11. Bylaws/newsletter online | Bylaws/ Newsletter =4 points |
| 12. Contact Hours | Maximum points |
| 13. Financial assistance/leaders | Maximum points |
| 14. Financial assistance members | Maximum points |
| 15. % awarded | 100% maximum points |
| 16. Recognition for recruiter etc | 2 award s= 2 point (consider additional awards) |
| 17. Overall growth | 32% maximum points |
| 18. Community Programs | Maximum points |
| 19. Support to ASPAN Development | 3 points awarded |
| 20. Members/ ASPAN Committees etc | 5% =3 points (encourage ASPAN involvement) |
| 21. Certification Promotion | Maximum awarded |
| 22. CPAN/CAPA | 44% maximum points Great Job! |
| 23. Dual Certification | 1.7% = 3 points |
| 24. Certification Coach/Champions | 4 % = 3 point (a great place to encourage more participation) |
| 25. ASPAN Cohost program | no points (Consider this option) |
| 26. ASPAN Seminar Host | no points (a place to grow!) |
| 27. Publications | 11 points (averaged) |
| 28. PANAW Week | 3 points awarded |
| 29. Gov.Affairs | 1 points awarded (a place for improvement) |
| 30. Research Committee | Research committee but no active projects |
| 31. Research education | Maximum points |
| 32. School of Nursing Support | 2points awarded |

I hope this review is helpful to you as you plan for 2008/09 and Gold Leaf Application. Remember now is the time to start this process and don't forget to include documentation when you send in your Gold Leaf Application. If you have any questions regarding Gold Leaf or ASPAN membership, please feel free to contact me.

Jane Lind, ASPAN M/M Chair

Creating a professional portfolio: Plotting Your Course

Before any good sailor begins a journey they plan their course. We too as nurses should 'plot our course'. For some of us nursing may be just a job, for many it is a lifelong career. As we become new nurses we are initially so consumed with learning to organize and utilize all the information and processes taught in nursing school that we often find ourselves off course. As nurses we should start before graduation or soon thereafter to chart the course for our career. The best way is to keep a record of your career accomplishments.

A professional portfolio or a career binder is designed to empower you to develop your career or search for a new position. It does not have to be in a decorated scrapbook form but rather simple and professional. A binder in a subdued color is preferable. Placing documents in sheet protectors has a cleaner look than punching holes and they can be removed easily to copy or scan if needed. It is recommended to have at least one business card page to keep copies of your BLS card, state nursing license and any other certification or membership cards you currently have or acquire in the future.

Sailing on, what should this include:

- Have a page with basic biographical information such as name, credentials, address, contact information and nursing license number for a quick reference.
- Keep at least one copy of your current resume or curriculum vitae (CV). The resume should be no longer than one page but the CV can be as long as necessary. These can also be kept on disk so they can be located and updated easily. The disk could be mounted in a pocket on the inside of the binder for handy use.
- Membership materials from professional organizations you belong to, such as state, national, regional associations, honor societies, etc. Copy of any certification certificates, current or previous.
- Samples of works you are proud of, a care plan, policies, educational materials you developed or helped develop and any published materials.
- A typed summary or list of any presentations or talks given to your unit, a class or group. Be sure to include the date(s), topic, length, and location. Include copies of the program evaluation if possible.
- If a preceptor, a typed summary of the program completed, include the location and dates and any update classes required to maintain the title. Include any notes, letters or copies of the preceptor evaluations if available.
- A typed list of references with their contact information or copies of letters of reference already obtained. Always ask permission before using someone as reference.
- A listing of continuing education credits earned from your institution. A list of your current CE credits even if your state does not require them. If you have a specialty certification you will need this list for the recertification process.
- Thank-you notes or letters from patients, families, or colleagues reflecting your commitment to caring and clinical expertise.
- A copy of your current immunizations (TB, Tetanus, HIV) with dates may save your trying to recollect and an extra needle stick.

Review your portfolio often, at least yearly. You should notice some changes in the content or maybe you have drifted off course. HAPPY SAILING!

Gayle Atwell RN CPAN

The Medical Center at Bowling Green

A Reflection on : The Forgotten Nurse

I have practiced nursing for 15 years and enjoyed the profession immensely. I never wanted a pat on the back for a job well done just a paycheck and the ability to leave work on time to see my family before bedtime. These two items were enough for me.

My priorities changed when, one day, I discovered a box of Godiva chocolates in the Telemetry Care Unit (TCU). A patient who was frequently admitted to the cardiac floor always had his wife deliver a box of Godiva chocolates for each shift prior to his discharge from the TCU. I was shocked when I discovered this was the same patient I had taken care of in Intensive Critical Care Unit (ICCU) when he was on the brink of death. I did not receive chocolates. I realized then that I was the forgotten nurse.

I began working in the PACU about 5 years ago and renewed my love of nursing. Taking care of patients through the phases of anesthesia, relieving pain and sending them home brought me a feeling of completion and satisfaction. I rarely discharged anyone from the ICCU and if I did it was usually not someplace they wanted to go.

Feeling tremendous job satisfaction, I decided to make post-op follow-up rounds on all our inpatient surgeries to meet criteria for the hospital's Professional Advancement Program. A colleague and I visited each post-op inpatient the day after surgery and asked the following questions:

1. Did everything go as expected with your surgery?
2. Is there anything we can do differently in the PACU?
3. Did the family feel they were kept well informed of your progress?

We visited every inpatient for three months. Much to my shock and dismay I was once again the forgotten nurse. The patients had no complaints because they did not recall their time in PACU. The only complaint we received was from the families and concerning the discomfort of the newly purchased chairs in the waiting room. How could this be? I felt as if I bonded with some of these patients, I knew how many grandchildren they had and what their plans were for the holidays. Was this conversation a figment of my imagination?

I knew the medications we gave have an amnesic effect but I truly did not believe the conversations were forgotten. The patients I cared for did not remember how I relieved their pain, held their emesis basin and their hand when they awoke panicked. Over a period of three months, I visited patients with hope, each time I was disappointed. I realize I will never receive a box of Godiva chocolates but I, the forgotten nurse have made a difference in my patient's outcome.

Holli Young RN, BSN

PACU Staff Nurse

St Luke East

Holli.Young@healthall.com

KSPAN Committee Reports from August 9th, 2008

Education: The Fall conference will be held on November 15th at the Holiday Inn North. This will be a one day meeting rather than the usual two day meeting. A conflict with ASPAN's midyear board meeting has resulted in the unavailability for an ASPAN representative to be at the Fall Conference to celebrate our 25th anniversary.

Submitted by Aleta Blevins, Donna Hagan, Patty Brandenburg

Bylaws, Policy, and Procedure: No Report. Submitted by Cathy Gruelich

Membership: ASPAN reports 177 members. The new CPAN/CAPAs have been sent a congratulatory letter and discount coupon for the Fall 2008 or Spring 2009 Conference. Submitted by Gayle Atwell

Publication: Waking Crew News continues to be published three times per year and sent electronically to each KSPAN member who has supplied a valid e-mail address. Improvements will continue to be made as suggested by ASPAN Publications Committee at National Conference. Submitted by Martha Clark

Nomination: We continue to look for candidates for President and four Director positions. Brenda Elliott has agreed to run for secretary. Submitted by Donna Hagan

Historical: KSPAN will continue to celebrate its 25th Anniversary at the Fall Conference.

Submitted by Cathy Gruelich

Points System: New form is available. Please contact Gayle Atwell at Submitted by Gayle Atwell

Governmental Affairs:

1. President Bush has proposed in the FY2009 budget to reduce funding for nursing education by 29.6%. The most significant decrease is the elimination of funding for Advanced Education Nursing. It does provide for an increase in funding for the Nursing Faculty Loan Program.
2. In March, the House of Representatives approved legislation requiring health plans offering mental health coverage to provide the same benefits for mental illness that they do for other medical conditions.
3. April 16th, 2008 was selected as National Healthcare Decisions Day. The focus of the group is to emphasize the importance of advanced healthcare decision making.
4. The Senate and House have recently passed legislation that would prohibit companies and health insurers from using the results of genetic tests to deny people medical coverage or jobs. The legislation would also prohibit insurers from raising premiums based on genetic test results and bar health plans and insurers from requiring that patients be tested for particular diseases.
5. The Uniform Emergency Volunteer Health Practitioners Act is a model that allows state government to allow persons licensed in other states to provide services according to their scope of practice in other states during a state of emergency, such as Hurricane Katrina without meeting additional licensing requirements. Colorado, Tennessee, and Kentucky have passed this legislation so far. This Act also assists workers compensation coverage for those that are not eligible for coverage outside of their regular employment.

Submitted by Pam Malast

Strategic Planning: The plan is on track and was published in the last edition of Waking Crew News.

Submitted by Gayle Atwell

Gold Leaf Task Force: The results from 2008 National Conference are reported in this newsletter. Please read and send to Gayle Atwell any projects you feel could be used for the Gold Leaf Award..Submitted by Gayle Atwell

Ways and Means: Board members are selling tickets for the diamond tennis bracelet and spinner luggage, \$1/each or \$5/6. A silent auction will be held in November. Board members were reminded to bring their auction items to the Fall Conference. Submitted by Karen Carter

Finance: As of the end of July, KSPAN's balance was \$16,652.44. However this year has seen expenses exceed income by \$6,741.14. Submitted by Pam Malast

KSPAN Committee Reports Continued:

Research: Research or Evidence-Based Posters needed for exhibition for Fall Conference. Submitted by Martha Clark

New Business: KSPAN will continue to investigate the feasibility of a teleconference for the Winter Board meeting.

DISTRICT REPORTS:

District 1: Louisville. Please contact Cathy Gruelich for meeting information.

District 2: Paducah: Since the last report, two meetings have been held. The first was in March where a luncheon CEU program was presented. The topic discussed was "Pain Management in PACU". This topic was researched and discussed by Vanessa Harris, RN. Vanessa is currently employed as a staff nurse in the WBH PACU. Previous work experience includes ICU and Pain Management. She has recently received certification as a Pain Management Nurse.

Also at the March meeting, a decision was made to donate \$100.00 to the Paducah Cooperative Ministry and to collect canned goods/supplies for the same.

Submitted by Pam Malast.

Northern Kentucky Report: After having an extremely successful dinner and presentation during PANAW week, the Northern Kentucky Group continued on their path to formation of a KSPAN District in Northern Kentucky. A presentation by Dr. Raymond Sullivan, anesthesiologist, was sponsored by The St. Elizabeth Medical Center in April with contact hours and snacks for all attendees. In June, the Northern Kentucky Group returned to St. Luke West for a presentation entitled, "Iraq- A Nurses's Perspective". Once again contact hours and snacks were offered to all attendees. The Northern Kentucky Group will place on hold the formation of a Northern Kentucky District until PANAW week.

Submitted by Brenda Elliott.

Call for Manuscripts

JoPAN is requesting manuscripts, case studies, research, or clinical article, for a focus issue June 2009 related to Care of the PeriAnesthesia Patient Undergoing Special Procedures.

Deadline for submission: December 1, 2008

Manuscripts should be submitted electronically at www.ees.elsevier.com/jopan.

For questions please contact: jodom29373@aol.com or vhooper@mcg.edu

ASPAN Needs News

ASPAN is requesting for member news to be sent to the National Office. News should include: Awards, honors, promotions, etc, that can be shared and would be of interest to members.

Please go to the ASPAN Web site: www.aspan.org and click on the Members Corner link, and click submit your announcements here. "This is your special area to have news and announcements showcased"

Requested received from aspan-news@aspan.org on 9/22/2008.

November 15, 2008

Dear KSPAN Colleagues,

On behalf of the ASPAN Board of Directors, it is my extreme pleasure to be able to congratulate all of you and your Board of Directors on the 25th Anniversary of the Kentucky Society of PeriAnesthesia Nurses becoming a chartered ASPAN Component.

During the first National Conference of the American Society of PeriAnesthesia Nurses held in St. Louis, Missouri in April of 1982, a group of Post Anesthesia Recovery nurses attending from Kentucky met to discuss the possibility of organizing a component society for their state. They met again on June 12, 1982 at Shriners' Hospital, right here in Lexington, to approve bylaws, elect officers, form committees and accept memberships. It was voted that the Steering Committee would become the Board of Directors. On August 16, 1982 the state of Kentucky recognized the Kentucky Society of Post Anesthesia Nurses as an officially incorporated organization. The newly incorporated organization became a chartered ASPAN component in 1983. Officers of that first Board of Directors included President Linda Hisle, President-Elect Rosalie Frederick, Secretary Portia Boyd and Treasurer Ellen Garner. Also serving as board members were Peggy Aines, Gillis Baker, Phyllis Biggers, Mary Lou Gaines, Mary Sue Irvin, Betsy Kullman, Susan Lannan, Francis Leucke, Anna Pugh, Linda Wall and Dr. George Webb.

As a charter member of KSPAN, Donna Thompson is serving as an ASPAN ambassador, in my absence, to deliver my best wishes for many more years as a chartered ASPAN component representing ALL perianesthesia nurses living and/or working in Kentucky. Your organization continues to support ASPAN's Core Purpose *to advance the unique specialty of perianesthesia nursing* by providing perianesthesia education and advocating for perianesthesia safety, public policy, nursing practice and standards. This is YOUR organization and I encourage you to take advantage of all it offers you to achieve your potential as a perianesthesia nurse.

Regards,

Kim Kraft BSN RN CPAN

ASPAN Regional Director, Region 3

HELPING YOURSELF!

by Gayle Atwell RN, CPAN
KSPAN BOD Member

It was recently brought to my attention, by a fellow nurse and KSPAN member, that the first time she encountered the Points System Form she found it daunting and difficult to complete. Remembering back on the first one I completed I felt the same. Since we have an updated form for 2008 maybe I should give some instructions for completion. I am expecting many more entries this Fall at the State Conference so maybe I can offer some clarification to the process.

The Points System is a reward program for all the hard work and extra tasks we take on during the year.

Teaching, committee work, in-services, precepting staff,

Clinical Ladder projects, etc. KSPAN wants to reward your efforts by presenting

educational dollars for CEU's or programs you want to attend. Entries are submitted and compiled by the Points System Chair and the entry with the highest accumulated points as a Member-At-Large and Board Member will win the award, \$250 each in an education voucher, and the runner's up each get a \$150 education voucher. These can be used for any ASPAN or KSPAN sponsored educational opportunity. (the fee for attending, travel expenses, CPAN/CAPA renewal or certification)

- The top portion is self explanatory, general information.

Points are assigned to each task or accomplishment. Check the ones that apply and add up the points for each section.

Committee meetings whether by phone or e-mail deserve credit. I know some of you nurses are on at least 1-2 committees at work and if your facility is working toward Magnet status you are probably on more than that. Attending the ASPAN and KSPAN conferences get you points. If you donated a non-perishable food item you get points.

If you taught an in-service, obtained your Clin I, II, III, IV status, wrote an article for your hospital newsletter or the *Waking Crew News* you earned points.

Just fill it out! I believe you will be amazed at how much you have done and if you do not want to enter the form you can just "pat yourself on the back." Think of it as a Lottery Ticket if you don't buy one you don't have a chance to win!

ABPANC News to Share October 2008

Celebrate that as of 9/1/08 we have:

CPAN active = 5,263

CAPA active = 3,137

Total = 8,400 (of which 297 are dually certified)

Computerized Testing

- ✦ Will launch with April 2009 exams
- ✦ Can apply on line
- ✦ Instead of only 2 testing days will have 60 days to test!
- ✦ During the months of April and November can choose from 2 testing windows lasting 6 weeks Spring (April 6 through May 16) Fall (October 5 through November 14)
- ✦ Application for the Spring will open January 26, 2009
- ✦ Special test sites will no longer be needed because of the large number of testing sites available
- ✦ Prometric is our CBT vendor and candidates will have access to hundreds of testing centers nationwide 5 days a week –some centers are open 6 days a week
- ✦ Preliminary scores will be immediately available
- ✦ To apply on line must have e-mail address where information can be sent
- ✦ Paper and pencil exams will be offered once a year at the National Conference

Visit www.cpancapa.org for more information

Certification and Recertification Handbooks are on line and are in the process of being revised and updated to reflect the current information about computerized testing.

Fall of 2009 is the target date for Recertification to be offered on line

Change in contact hours is for recertification a person may earn 60 contact hours for writing items vs the current 30 contact hours allowed –Need to increase number of items in the bank due to CBT

Encourage participation in the Advocacy Award

Shining Star Award- challenge component to apply for this award

ABPANC seeking nominations for 5 Board of Director positions for 2009-2011 terms of office. Term of office is 2 years. **Postmarked no later than November 30, 2008.**